

Human Resource Department PO Box 538 Fort Washakie, WY 82514 Phone: (307) 332-2005 Fax: (307) 332-9883

NOTICE OF EMPLOYMENT

POSITION: Community Outreach Fitness Technician

DEPARTMENT: Eastern Shoshone Tribal Health

SUPERVISION: Eastern Shoshone Tribal Health Coordinator & Director

SALARY: Depending on Experience

STATUS: Permanent Full-Time

OPENING DATE: October 22, 2025 **CLOSING DATE**: Open until Filled

POSITION SUMMARY:

Z.O.N.E. Fitness Monitor will promote wellness, quality of life improvement, chronic disease education and lifestyle changes with the community. Provide support fitness groups and individualized physical activities that can be monitored and documented with PCC documentation.

Assist clients and the community build skills and improve lifestyle management abilities. Coordinate with personnel of all functions of the Z.O.N.E. Fitness Center. Collaborate with the Special Diabetes Program for Indians to help implement community and group educational classes in fitness/or diabetes curriculums.

DUTIES AND RESPONSIBILITIES

Z.O.N.E Fitness Center

- Meet and greet every incoming client/member and perform the intake process when necessary.
- Open and close the Z.O.N.E. Fitness Center per schedule.
- Perform daily duties such as cleaning, emptying trash, and folding towels.
- Record daily membership information.
- Maintain safety at the fitness center for self and others.
- Maintain security around the fitness center.
- Monitor and assist clients/members who are exercising in the fitness center.
- Assist in creating classes for community members to educate the importance of proper technique and strength conditioning.

Community Outreach duties performed when needed.

- Collect data for prevention, classes, screenings, BMI's, and physical activities.
- Coordinate and collaborate with other programs to establish events for youth and adults involved in chronic disease prevention and how to obtain a healthy lifestyle.
- Develop and implement appropriate physical activity programs and schedules for the health program and community.
- Enter data into the tracking database.
- Recruit and monitor participants specific to program funded grants/contracts such as but not limited to the Special Diabetes Prevention Initiative goals and objectives.
- Provide support to the Community Health Coordinator for all Special Diabetes Program activities.
- Report program operational information and activities to the Community Health Coordinator and Tribal Health Director.
- Maintain client files and necessary documentation for grant purposes.
- And other and all duties as directed by the ESTH Director.

Other:

- No felonies or DUI Convictions within the last 3 years.
- CHR certification within the first 90 days of employment and re-certification required
- Must have a valid driver's license.
- Pre employment drug test required.
- Must be first aid and CPR Certified within the first 90 days of employment.
- Must be willing to work in a team environment.
- Must be able to lift at least 40 lbs.
- Will be subject to random drug tests.
- Must be 21 years of age or older.
- Must have a High School Diploma or G.E.D.
- Must obtain Personal Trainer Certification, Native Youth Fitness Leader and Medical Condition, Exercise Certifications within 6 months of employment.
- Complete Lifestyle Coach Certification.
- Exercise professionalism and ethical conduct through Honesty, Integrity, Respect, Trust and Accountability.

- Willing to travel for training to acquire skills that will benefit the program's functionality.
- Assist in all SDPI programs, events and activities that may exceed after hours and weekends.

QUALIFICATIONS:

To perform this job successfully the applicant will possess the abilities or aptitude to perform each duty proficiently along with knowledge of fitness programs and ability to interact effectively and in a supportive manner with people of all backgrounds and be a team player. Applicants must have excellent written, oral, and interpersonal communication skills. Must be able to work independently and multi-task. Specializes in promoting physical activity and wellness within tribal communities. Prioritize community-based health initiatives designated by SDPI Coordinator and ESTH Director. Must have working knowledge of health promotion and disease prevention programs. Must have computer skills and knowledge of Microsoft Office software, Publisher, Excel, Word and Power Point, and Google office systems (Gmail, Calendar, Hangouts, Drive). Fitness Certification preferred, but can train a motivated individual.

APPLICATION REQUIREMENTS:

- Submit a complete application with supporting documents to the Eastern Shoshone Tribe, Human Resource Department, P.O. Box 538, Ft. Washakie, WY 82514.
- Applicants that state "See Resume" for employment history must have the following the information listed on the resume:
 - Dates of previous employment
 - o Reason for leaving previous employment
 - o Hourly rate of previous employment.
- Applications are available online at easternshoshone.org and can be sent via email to lmorgan@easternshoshone.org until 4:45 PM on the closing date.
 - Supporting documents: Driver's License, Tribal ID, High School Diploma/GED, Degree or professional credentials and other supporting documents that verify required qualifications.
- Applicants who have a current application with supporting documents on file <u>must</u> submit a letter of interest. The letter should address how you meet each qualification. <u>Telephone calls</u> are not accepted in place of an employment application or letter of interest.
- Preference will be given to a qualified Eastern Shoshone tribal member, then other qualified federally recognized Indian tribal members and then other qualified candidates. Applicants

must submit a copy of Tribal Enrollment card or CIB for Indian Preference.

- Veterans who meet the minimum qualifications and provide documentation of an honorable discharge (DD214) from any branch of military service are entitled to receive preference points during the interview process.
- Applicants being considered for employment will be required to pass an alcohol and drug test and a background check. Refusal to take the test or testing positive will render the applicant ineligible for employment with the Eastern Shoshone Tribe for 60 days.